



*“Such a great group of staff is hard to find these days but believe me, you **can** find them at Spring Meadows! How Refreshing!!”
— Child of Resident*



PIONEERING IDEAS FOR GREATER INDEPENDENCE.

Spring Meadows is a pioneer in offering assisted living to older and disabled adults who want to retain their independence while receiving the services they need. You will find a wide range of assistance offered in a country setting where privacy is respected and maximum independence is supported. Services are planned with each resident to reflect personal needs and choices.

Spring Meadows Assisted Living Community
36070 Pittsburg Road, St. Helens, OR 97051
Phone: 503.397.0401
WWW.SPRINGMEADOWSALF.ORG

We welcome your visit, anytime.

Where innovative care and services are based on traditional values and the changing needs of each individual.

Spring Meadows Assisted Living Community has been professionally managed since opening in 1995 by Concepts In Community Living, Inc. (CCL) a recognized pioneer in the assisted living field. CCL has over 25 years experience serving older adults and their families.

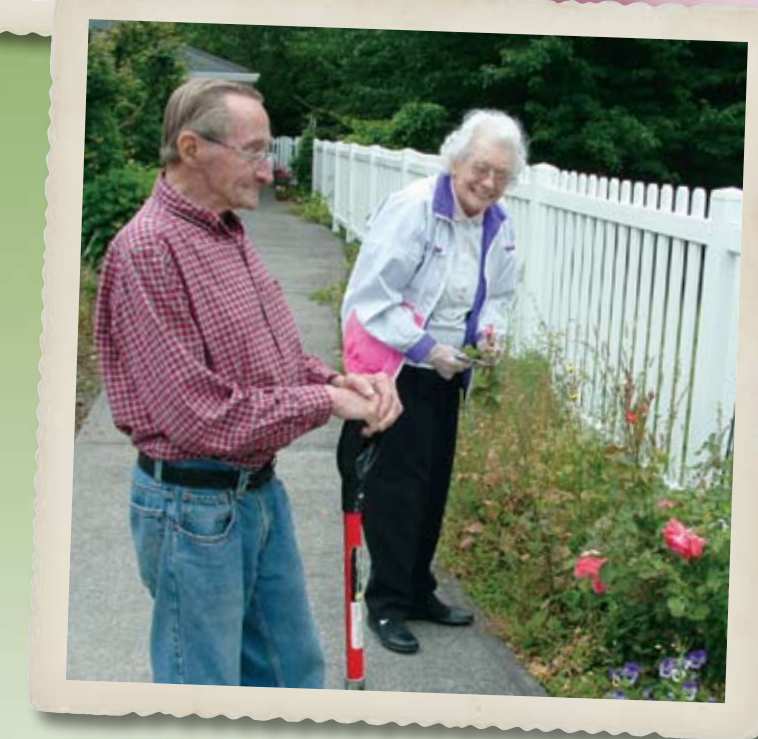
Spring Meadows Assisted Living Community is owned by Elderserve, a non-profit board of committed local residents dedicated to improving the lives of the elders of Columbia County.

Services shall be provided to all persons without regard to race, color, national origin, gender, sexual orientation, or religion.

Call us today to find out more about Spring Meadows.



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“Spring Meadows has friendly staff, good food, and I enjoy the activity and exercise classes.”

— Resident

“I very much appreciate the care and concern my mom receives at Spring Meadows. I feel secure she is well taken care of. All her needs are provided in a friendly atmosphere. Thank you!”

— Family member of Resident

We know the importance of having a place to call home.

HERE IS WHAT YOU WILL FIND AT SPRING MEADOWS:

“Our family is so pleased with your care and concern for our mother. You all go the extra miles.”

— Family of Resident

“We would recommend your facility any time.”

— Friend of Resident

- A comfortable, secure, residential setting. Small enough to feel like home, with all the professional services and amenities you require.
- Private apartments with kitchenettes and private bathrooms with walk-in shower, in-room emergency response system and individually controlled heat.
- Studio and one bedroom apartments designed to accommodate walkers and wheelchairs.

WE KNOW THE QUALITY OF YOUR LIFE IS AS IMPORTANT AS THE QUALITY OF THE SERVICES YOU RECEIVE.

Our services and amenities reflect the value we place on independence, individuality, dignity, privacy and choice.

Spring Meadows provides:

- Private handicap accessible apartments with spacious bathroom and walk-in showers.
- In-room kitchenette with refrigerator, sink and microwave.
- Cable and telephone access in every apartment.
- In-room emergency response system.
- Personal care staff available around the clock to assist residents.
- Professional nursing support.
- Social, recreational, and wellness programs.
- Three home-cooked meals served daily, plus snacks are always available.
- Housekeeping, personal laundry, and routine maintenance services.
- A fireplace and enclosed courtyard with covered patio.
- Walking paths and gazebo.
- Beauty/Barber shop on-site.
- Ample resident parking.
- Small pets are welcome.

Individualized services include:

- Special diet planning and preparation.
- Care coordination services with resident's personal physician, ancillary service providers, and family members.
- Social, recreational and spiritual offerings designed around resident's interests.
- Transportation coordination.

We Welcome Medicaid, Long-Term Care Insurance and Veterans Assistance.

OUR FLEXIBLE LEVELS OF ASSISTANCE ARE AVAILABLE TO MEET A RANGE OF INDIVIDUAL NEEDS.

Residents may choose basic services, more frequent support and care, or services to meet the special needs of complex problems.

With changing needs in mind, Spring Meadows offers:

- Assistance with bathing, personal hygiene, dressing, grooming and ambulation.
- Assistance with medication reminders or administration.
- Nursing services including health monitoring, injections and other routine nursing care.
- Additional personal care as needed, including care to manage incontinence.
- Help managing problems created by confusion.

“Everyone that works at Spring Meadows is very helpful and goes beyond what is expected.”

— Resident